

LaseMD Ultra

Pre treatment:

- No alcohol for 72 hrs prior treatment.
- Avoid NSAIDS (Tylenol is ok) for 72 hrs prior.
- Apply moisturizer to damp skin morning and evening for at least 7 days prior.
- If you have a history of fever blisters, take anti-viral medication the day before, day of, and day after treatment.
- Do not use any AHA's, BHA's , or Retinoids for 72 hrs prior.
- Do not use tanning beds and avoid prolonged sun exposure for one week prior to treatment. Always use SPF 30+

Treatment day:

- 45 min before appointment, cleanse skin and apply numbing cream (provided.) Do not rub it in, rather leave it on like a mask. **Use the entire amount provided and make sure to rub into hairline.**
- If you would like a prescription to help with anxiety, please call before your treatment day to have that arranged (you will need a driver.)

Post treatment:

- Patients may experience a burning sensation for 1-3 hours after the treatment. To relieve burning sensation, apply a cool compress wrapped in a clean paper towel.
- Sleep on a fresh pillow case day of treatment with head slightly elevated.
- Do not wash treatment area the day of treatment. Beginning the following day, cleanse treated area morning and evening with a gentle cleanser-- nothing abrasive, no scrubbing. After cleansing, apply treatment serum (provided) followed by moisturizer.
- A sand-paper like texture will develop on the skins surface, do not exfoliate it. It will resolve naturally within 5-7 days.
- Avoid exercising for the first 3-5 days. Increased redness may occur from activities that stimulate blood flow (alcohol, sauna, etc.)
- Avoid make up for 48 hrs. Avoid retinoids, AHA's, and BHA's for 2 weeks. Avoid sun exposure & sunscreen for 24 hrs (stay inside.)
- Avoid excessive sun exposure for 1 month and wear spf 30+ daily.